

<u>Yr10</u>

| Autumn 1 | Autumn 2 | Spring 1 |
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| Managing tough times: change, grief and bereavement | How can we manage conflict successfully? | British Values - how does the criminal justice system work? |
| Why do some people commit suicde? Identifying the warning signs to help | What are forced and arranged marriages and what do we need to know? | What is anti-social behaviour and how does this affect our communities? |
| How can we manage social anxiety? | Harassment and stalking - what are these things and what does the law say | Crime, gangs and County Lines |
| What impact does social media affect our self-esteem? | about them? Revenge porn - what is this and how can | What is money laundering and why are some students taken in by this crime? |
| Internet Safety - the dangers of excessive screen time | we prevent ourselves from being victims? | Why do some religious people become terrorists? |
| What is Fake News and why do we need critical thinking skills? | Do we have a healthy or unhealthy relationship with our role models? | What is overt and covert racism and why are people still prejudiced? |
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PSHE Topics - KS4

| Spring 2 | Summer 1 | Summer 2 |
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| How do we choose a career that suits our personality, ambition and qualifications? | LGBTQ+ focus - what are same sex relationships? | How can we manage our time effectively in order to help us succeed? |
| What are employers looking for in a CV? | LGBTQ+ focus - gender and trans identity | Carbon footprint - how can we take steps to live more sustainably? |
| Why pursue a career in the STEM industry? | Why do sexism, gender prejudice and stereotypes still exist? | Why do some people become homelessness and why is homelessness |
| How can we successfully prepare for work experience? | British Values - what is community cohesion and why is this important? | on the increase? What are hate crimes and why do some |
| What rights and responsibilities do we have in the workplace? | Parenting, the different types and styles | people still commit them? |
| Why do we still need an International | and looking after a child | Can tattoos and piercings be dangerous? |
| Women's Day? | Study Skills - the power of mind and memory | What is binge drinking, what are the risks and why do people still do it? |
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<u>Yr11</u>

| Autumn 1 | Autumn 2 | Spring 1 |
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| How to persevere and how to avoid procrastination | How to revise effectively and become good at studying | Why is PSHE so important? |
| Why do we need sleep, and how does sleep deprivation affect us? | How do we apply to college and University? | How can we celebrate diversity and our identities? |
| The difference between positive and negative risk taking and decision making | How can we prepare for independent living? | Privilege - how does this affect us all? What is body positivity and why is this so |
| The dangers of gambling and online | How can we successfully prepare for a | controversial? |
| gambling Why is our digital footprint important? | job interview? Why is Health and Safety so important in | How can we look after our reproductive health |
| Avoiding risky situations in the wider world and how to stay safe | work? How can trade unions protect our rights | Bullying and body shaming |
| | at work? | |
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PSHE Topics - KS4

| Spring 2 | Summer 1 | Summer 2 |
|--|---|--------------------------------|
| The different relationship types and sexuality | How can we protect animal rights and aid sustainability? | RECAP PREVIOUSLY MISSED TOPICS |
| | | REVISION STUDY |
| Why is it essential we know about consent, rape and sexual abuse? | How is plastic pollution destroying our environment? | EXAMS |
| What is 'Good Sex'? | Globalisation - how does this affect us? | WORK EXPERIENCE |
| What is 'Chem Sex' and what do we | British Values - what is multiculturalism? | DofE expedition |
| mean when we talk about safe sex? | What is right-wing extremism? | |
| How can we manage relationship break-ups effectively? | Internet Safety - what is the 'Dark Web' and how can we avoid this? | |
| How can we make ourselves and others feel more positive and why is happiness so important? | What is cybercrime and how do we avoid online fraud? | |