



PSHE Topics - KS2

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
	Living in the wider world		Relationships		Health and Wellbeing	
Across KS2	<u>Belonging to a community</u> <u>Media literacy and digital resilience</u>	<u>Money and work</u>	<u>Families and friendships</u> <u>Safe relationships</u>	<u>Respecting ourselves and others</u>	<u>Physical health and Mental wellbeing</u> <u>Growing and changing</u>	<u>Keeping safe</u>
Year 3	The value of rules and laws; rights, freedoms and responsibilities How the internet is used; assessing information online	Bullying Different jobs and skills; job stereotypes; setting personal goals	What makes a family; features of family life Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Health choices and habits; what affects feelings; expressing feelings Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar place
Year 4	What makes a community; shared responsibilities. How data is shared and used	Making decisions about money; using and keeping money safe	Positive friendships, including online Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	Maintaining a balanced lifestyle; oral hygiene and dental care. Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life



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<p>year 5</p>	<p>Protecting the environment; compassion towards others.</p> <p>How information online is targeted; different media types, their role and impact.</p>	<p>Identifying job interests and aspirations; what influences career choices; workplace stereotype.</p>	<p>Managing friendships and peer influence.</p> <p>Physical contact and feeling safe</p>	<p>Responding respectfully to a wide range of people; recognising prejudice and discrimination.</p>	<p>Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.</p> <p>Personal identity; recognising individuality and different qualities; mental wellbeing</p>	<p>Keeping safe in different situations, including responding in emergencies, first aid and FGM</p>
<p>Year 6</p>	<p>Valuing diversity; challenging discrimination and stereotypes.</p> <p>Evaluating media sources; sharing things online</p>	<p>Influences and attitudes to money; money and financial risk</p>	<p>Attraction to others; romantic relationships; civil partnership and marriage.</p> <p>Recognising and managing pressure; consent in different situation.</p>	<p>Expressing opinions and respecting other points of view, including discussing topical issues</p>	<p>What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online</p> <p>Human reproduction and birth; increasing independence; managing transition.</p>	<p>Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.</p>